

PANTHER FITTING TIPS

The brace circumference can be adjusted smaller (by overlapping the belts more) or greater (by overlapping the belts less).

For circumferences larger than 66", more belt segments are available from Blue Diamond Orthopedic.

Right and left belt segments are normally used symmetrically.

Right and left string lengths are normally adjusted symmetrically.

These instructions contain general guidelines for using and caring for your Panther brace. If your physician's specific orders differ in any way, those orders must supersede these guidelines.

WEARING THE PANTHER

Wear a cotton t-shirt or equivalent garment under the brace. You may wear the Panther directly against your skin, but it's not recommended. It's easier to wash a t-shirt than to clean your brace.

If you must visit the restroom frequently, you may choose to wear the Panther outside your clothing.

If you experience pain or swelling while wearing your Panther brace, immediately contact your doctor or the medical professional who supplied it.

CLEANING THE PANTHER

To clean the Panther brace: 1) Wipe down with an alcohol swab, or 2) Disassemble and hand wash with mild soap and cool water and dry flat between towels.

WARRANTY

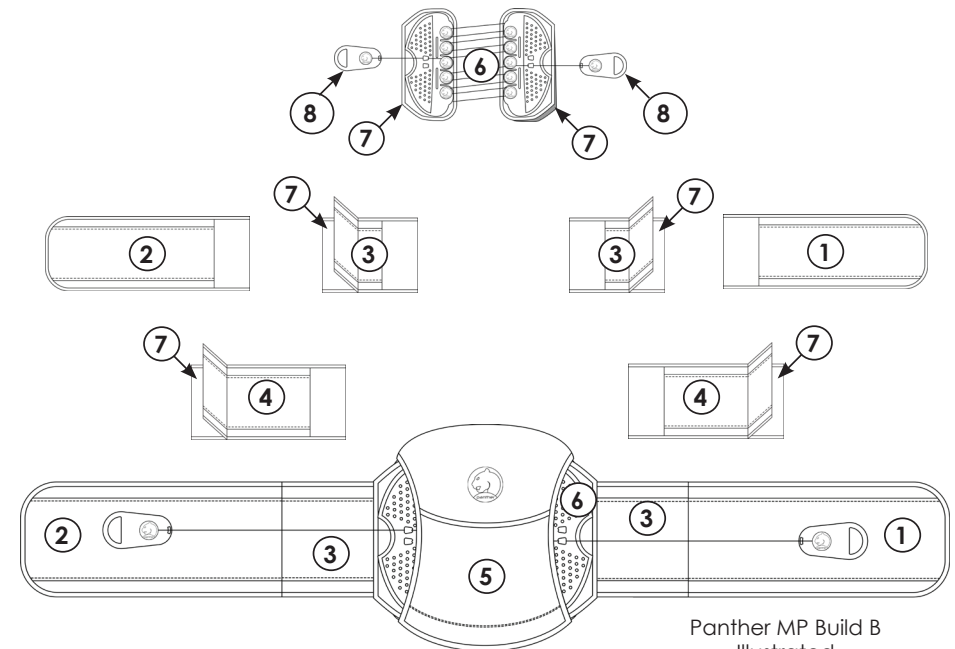
Blue Diamond Orthopedic warrants its spinal braces for one year from the date of delivery.



Panther

INSTRUCTIONS FOR USE

PANTHER BELT COMPONENTS		
Part Key	Description	Comments
1	Right Main Belt	Right Main Belt attaches on top of left Main Belt. Left Main Belt contains plastic front plate
2	Left Main Belt	
3	Right and Left Short Belt Segments	Pair adds 10" length to belt
4	Right and Left Long Belt Segments	Pair adds 20" length to belt
5	Back Pouch	Protects Power Unit and retains back plastic plate
6	Power Unit	Includes pulleys, strings, & pull handles
7	Velcro Gator Clip	Attaches Power Unit to belt ends or belt segments
8	Pull Handles	Allows wearer to tighten brace and adjust string length


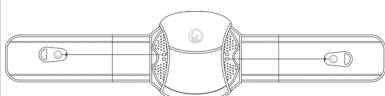

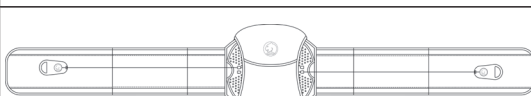


Panther MP Build B
Illustrated

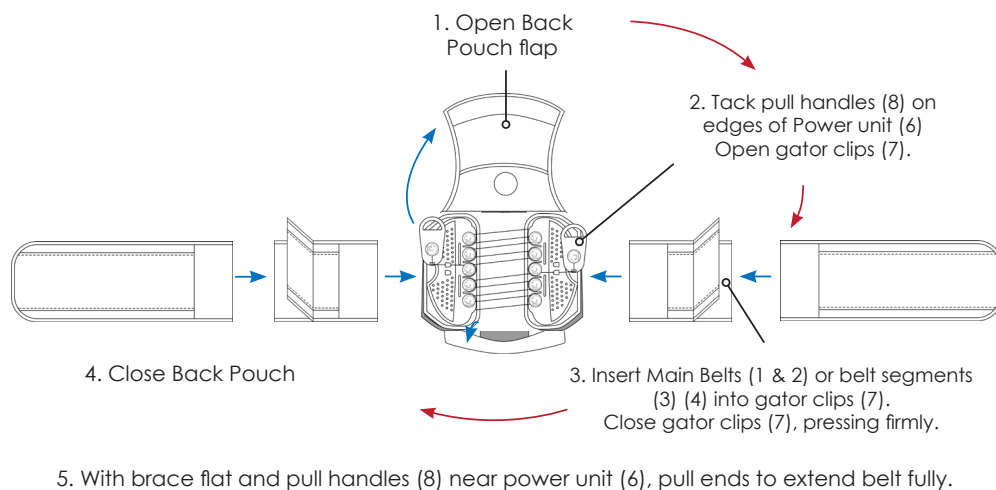
FITTING THE UNIVERSAL PANTHER BRACE

I. Measure waist circumference at belly-button level.

II. Choose correct Panther Build.

UNIVERSAL PANTHER SIZING & BUILD CHART			
Build	Range	Components	Brace Illustration
A	25" - 36"	(1&2) Main Belts (6) Power Unit	
B	35" - 46"	(1&2) Main Belts (3) Short Belt Segments (6) Power Unit	 <i>The Panther brace comes pre-assembled in Build B.</i>
C	45" - 56"	(1&2) Main Belts (4) Long Belt Segments (6) Power Unit	
D	55" - 66"	(1&2) Main Belts (3) Short Belt Segments (4) Long Belt Segments (6) Power Unit	

III. Create Panther Build by adding or removing belt segments.
If circumference is between two Builds, choose the larger.



IV. Adjust string lengths.

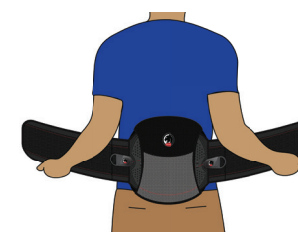
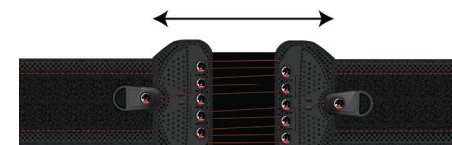


To adjust string length, snag string with fingernail to create slack, and wind or unwind string.

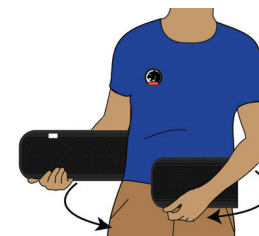
V. Putting your Panther on.

1. Loosen the pull handles and lightly tack them to the rear of the right and left belts. Pull to extend the belts.

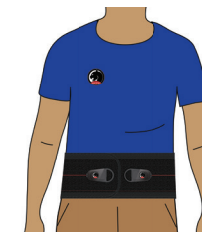
2. Position the brace so the back panel is centered and comfortably aligns with your spine's curve.



3. Holding the left belt end against your stomach, fasten the right belt end with snug tension on top of the left belt end.



4. Pull both right and left pull handles simultaneously to a snug compression, then lay them down in the front.



If donning the brace as suggested is difficult, an alternate method is to lay the brace flat on the bed and lie face-up on top of it. This will make it easier to tighten.

VI. Taking your Panther off.

1. Detach the pull handles and place them back on your right and left sides.

2. Detach the right belt end from the left belt in front.

